

You Keep Your Rights

Now that you live in a nursing home you have the same rights you have always had...and a few more.

This is Your Home

You have the right to make yourself at home ~ to have privacy, to have visitors, to have your own belongings, to pursue your own interests.

This is Your Health

You have the right to know what your health condition is, to decide how your care will be provided, and to receive all the services your agreed to in **your** care plan.

This is Your Life

You have the right to decide how you want to spend your day, when to get up, when to go to bed, and what you want to do during the day.



How to contact an Ombudsman

State Ombudsman

*Senior & Long Term Care
Department of Public Health
and Human Services
PO Box 4210
Helena, MT 59604-4210*

Toll Free Number:

1-800-332-2272

Your local Ombudsman:

All contacts are kept confidential



Your Rights as a Nursing Home Resident



Montana's Long Term Care Ombudsman is Your Advocate

Working to provide education, assistance and advocacy to long-term care residents and their families in an effort to ensure dignity and quality of life

Advocate

A Long-Term Care Ombudsman is an advocate for residents.

- Trained to provide information and assistance to residents and families
- Trained to investigate and resolve complaints
- Trained to provide education regarding resident rights
- Promotes community involvement
- Promotes the development of resident and family councils



You Have the Right...

To Know:

- What services are available and at what cost
- How to apply for Medicaid
- Your medical condition, treatment plan and alternatives

To Choose:

- Your doctor & other health care providers
- Your care & treatment
- Your daily routine
- How to spend your money
- To visit with family & friends
- To participate in activities inside and outside the home

To Privacy:

- In communication ~ mail, phone, visits.
- While receiving care and treatment
- Of your personal and medical records

To Be Free From:

- Abuse
- Discrimination
- Retaliation
- Neglect
- Exploitation
- Restraint

If the Nursing Home Asks You to Move . . .

You can only be discharged if:

- The facility cannot meet your needs
- You no longer need nursing facility services
- The health or safety of other is endangered
- You fail to meet your financial obligation to the facility, or
- The facility is closing.

Even then you have rights:

- The nursing home must notify you in writing, in a language and manner you understand, the reason for the discharge, when and where you will go, and how to appeal the notice of discharge
- MOST notices require a 30-day advance. There may be certain circumstances that negate your receiving a 30-day discharge notice

